

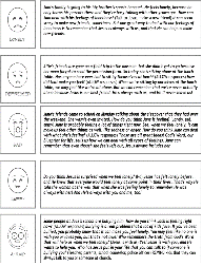
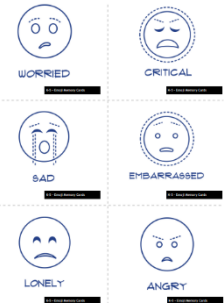
Prep-5: February

Big emotions are real!



Looking at emotions and how we can deal with them

KEY VERSE FOR THE MONTH: *“But even if we don’t feel at ease, God is greater than our feelings, and He knows everything.” 1 John 3:20 (CEV)*

Bible Story	Key Concepts	PRIMARY PREP-2	PRIMARY 3-5
4-5 February Outdoor Water Fun	LESSON: Big emotions are real – we need to deal with them and God can help. Using the STOP – LOOK – LISTEN approach we can learn to deal with our emotions. BIG IDEA: God can help me deal with my emotions.	Outdoor water fun	Outdoor water fun
11-12 February Women at the Well - Lonely Key Passage: John 4:3-26	LESSON: The Woman at the well was familiar with feelings of loneliness. She came to the well at a time that most others wouldn’t come because she was seen an outcast and didn’t want to have to face others. When Jesus spoke to her it would have been against their culture, but Jesus isn’t about culture, but restoration and love. BIG IDEA: When I am lonely, Jesus is with me.	LifeGroups: Prep-Primary 2: • Craft: • Discussion Questions –optional	LifeGroups: Primary 3-5: • Emoji Scenario Cards – kids pick Up cards and leader reads the Scenario. Then chat about it. 
18-19 February Martha and Jesus - Perfections Key Passage: Luke 10:38-42	LESSON: Many of us can relate to Martha’s desire to get things done. But getting all wrapped up in being perfect and being busy isn’t the way God intends for us to live. He wants us to rest in and with Him, but still balance our lives with the things we need to do. When we get all wrapped up in perfection, we lose sight of a God that only wants our best – because He knows perfection is out of reach. BIG IDEA: When I feel I need to be perfect, Jesus only wants my best.	LifeGroups: Prep-Primary 2: • Craft: • Discussion Questions –optional	LifeGroups: Primary 3-5: • Play Memory Game, while asking questions 
25-26 February Jesus forgives Peter - Guilty Communion? Key Passage: Luke 22:54-62, John 21:1-17	LESSON: Peter’s denial of Jesus three times left him with great guilt, but Jesus not only resorted him, showed him forgiveness, but commissioned him to “look after his sheep” and spread the Gospel. Often we can sit in our guilt, but Jesus wants to pull us out and give us purpose. BIG IDEA: When I feel guilty, Jesus forgives me.	LifeGroups: Prep-Primary 2: • Craft: • Discussion Questions –optional	LifeGroups: Primary 3-5: • Activity sheet while asking questions 